

Cyclo-Cross Skills Clinic

presented by

Team Somerset

and

Larry Towner of



www.propowercoaching.com

Interested in learning more about cyclo-cross? Want to brush-up on some skills before the season starts? Need to learn some race strategy, training tips, or find out more about cyclo-cross equipment choices?

Come join us to get ready for the cross season!

Skills will be appropriate for all levels.

When: Thursday, September 13th 5:30 p.m. till dark. (Event will be cancelled if heavy rain occurs)

Where: Duke Island Park – Old York Road, Bridgewater, NJ. The park is located approximately ½ mile east of the intersection of Milltown Road and Old York Road. See <http://www.somersetcountyparks.org/brochFlyers/DukeIslandPark.pdf> for details.

Cost: Its Free!

For more information please contact Eric Schlauch at eric@peak-environmental.com or Larry Towner at larry@propowercoaching.com

